

Academic Babywearing Conference for TECHNIC 2017

| | Class Numbers | Theme/Class Names | Target People | Capacities | Objectives of the class | Overview | Preparation |
|---|---------------|---|---|------------|--|--|---|
| Babywearing concierge | C-1 | Baby sling for beginners | Parents and caregivers who use a baby sling for the first time or just started to use | 15 | Learning about baby slings and completing how to use it | Instruct all steps for using baby slings (passing the tail through rings, adjusting the size, putting your baby into the sling pouch and pulling the tail) | Ring slings *Rental ones will be prepared |
| | C-2 | Front carry with Heko-obi (Japanese traditional narrow woven wraps) | Parents and caregivers who do back carry for the first time or just started to use | 15 | Learning about how to carry your baby in the front with Heko-obi and completing how to use it | How to use Heko-obi with front carry and its variations | Heko-obi *Rental ones will be prepared |
| | C-3 | Back carry for beginners | Parents and caregivers who use Heko-obi for the first time or just started | 15 | Learning to do back carry securely | How to place baby on your back, how to do back carry with Onbuhimo and heko-obi, how to keep your baby in high back position | Heko-obi and onbuhimo *Rental ones will be prepared |
| Kayo Higashimura | K-1 | Babywearing with woven wraps 101 | Parents and caregivers interested in woven wraps: beginners | 20 | Learning about woven wraps and completing FWCC | <Explanation> How to choose woven wraps and learning about characteristics, sizes, terms, and safety <Practice> FWCC and its variation | Woven wrap sizes 5 or 6 (base size) and information on woven wraps, instruction of FWCC (demo dolls, knot-practicing) |
| | K-2 | Babywearing with woven wraps: Beginner Back Carry | Beginners but with experience with woven wraps in front carries | 20 | Learn to place your baby on your back and complete ruck back carry | <Practice> How to place baby on your back (few techniques depending on baby's weight), ruck back carry | Woven wrap sizes 5 or 6, manuals, demo dolls |
| | K-3 | Babywearing with woven wraps: Using short wraps (sizes 2-3) | Parents and caregivers interested in short woven wraps | 20 | Slip knot teaching, complete traditional sling carry with a shorty wrap | <Explanation> How to use short wraps <Practice> Learning slip knots, traditional sling carry *For beginners | Woven wrap sizes 2 or 3, Scarves with 2 different colors, demo dolls |
| Rachel Boreman *Babywearing consultants only | R-1 | Usage method of short wraps | Babywearing educators and skilled babywearers | 30 | To master techniques of short wraps (both front and back carry) | Learn not only hip carry but also other difficult techniques with short wraps | size 2 or 3 |
| | R-2 | Enjoy and Decorate with finishing | Babywearing educators and skilled babywearers | 30 | To become educators who can teach parents the fun of babywraps, increasing the variation of finishing | Learn various ways of finishing | |
| | R-3 | Experience of BW class of the US | Babywearing educators | 30 | To review own classes, change point of view and reconsider plans from now on, through experiencing BW class of different culture | Experience BW class of foreign country as a BEGINNER (Only English or with a translator?) | |
| Discussion | D | What is happening in the babywearing society in the US | Open class | - | | <Contents> System of BW educators in the US, Where to learn, Distance between volunteers and BW brands./manufactures, topics discussed in the US, etc | Facilitator: Masayo Sonoda |

* The most popular one of each teacher will be done again at the last class of Day 2.